Clinical Updates and Misc Info

LT Adam Horn

CDC: Drug Resistant Gonorrhea

- **BLUF: Add Azithromycin to ceftriaxone for gonorrhea**
- **Goal:** Slow the emergence of drug resistance (to cefixime, ceftriaxone, azithromycin, tetracycline) and reduce progression of uncomplicated infection to PID and Epididymitis.
- **Gonorrhea Tx**:
  - 250 mg ceftriaxone IM x1
  - **PLUS** 1g Azithro PO x1 **OR**
  - Doxy 100 mg PO BID x7 days
- **Chlamydia Tx Unchanged**
- Additional Methods to Reduce Resistance: prompt tx, partner tx, condoms, Test of cure

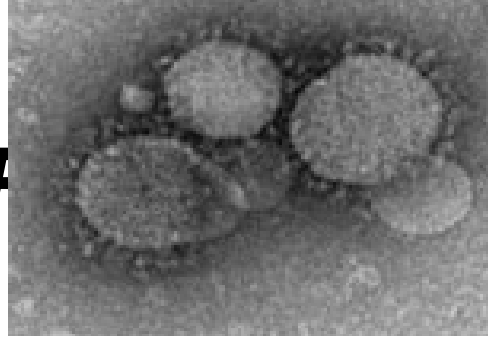
http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6131a3.htm?s_cid=mm6131a3_w

Oxy-Elite Pro Supplement

- **NMCSD Case:** AD CPO w/severe hepatitis and coagulopathy, recommended for liver transplant.
- **BLUF:** Multiple cases of acute non-viral hepatitis in patients using Oxy-Elite Pro
- **Recommendations:**
  - Inform your sailors and tell them to stop using immediately
  - If your sailors are using, recommend LFT's and screen for hepatitis sx's/coagulopathy.
- **Hepatitis Sx's**: loss of appetite, light-colored stools, dark urine, jaundice.
- **LFT's:** Median Peak AST: 1,128; ALT 1,793; AP 150; Tbili 12.6.
- **SD Case reporting:** CDR Natalie Wells at NEPMU5

http://www.bt.cdc.gov/HAN/han00356.asp

Hajj and Coronavirus MER



- **BLUF:** Sailors participating in Hajj are at risk for highly fatal coronovirus.
- **Hajj:** important Muslim obligation that requires a pilgrimage to Mecca at least once during one's life.
- This year **Oct 13-18** (Already Passed!)
- 11,000 projected American participants (many service members and family participate)
- Previous Years: heat injury, polio, meningitis, hepatitis, influenza.
- New Viral Respiratory Illness emerged on Arabian Peninsula: **M**iddle **E**astern **R**espiratory **S**yndrome-**C**or**o**na**v**irus (MERS-CoV)
- MERS-CoV has a **case fatality** proportion of **50%.**
- Person to person spread
- Cases in Saudi Arabia, Jordan, UAE, Qatar – also in travelers returning to UK, France, Italy, Tunisia.
- Recommendations: elderly/young/ill avoid Hajj – **Always Ask Travel History** if patients presented with severe Acute Respiratory Illness w/fever, cough, SOB.
- **Tx supportive** for sx's, **tests available** at CDC and state health departments
- **No cases reported in U.S.** (as of 29Oct at 0900)

http://wwwnc.cdc.gov/travellnotices/watchlhajj-umrah-2013

Hep B and Hep C Screening

- **Hep B:** screen for infection every 2 years.
  - If pt has immunity (HBsAB), screening no longer needed.
- **Hep C:** Every service member should be screened every 5 years
- PHA Audits will reflect these requirements
- MRD Physicals Clinic Cover Page has been updated to reflect these requirements.

Changes to MRI Ordering Policy

- **BLUF:** Starts Nov 4th
- **Goal:** Improve patient scheduling for MRI's
- **4Nov2013:** Rad order entry for MRI will be disabled in CHCS and AHLTA.
- You will enter a **consult – "con" vice "rad" in CHCS** to order.
- Include: 1) exam requested 2) Clinical Hx supporting the request.
- Please include **accurate contact ph#**
- **CAMO** (Consult and Appt Mngt Office) will call patients within 24 hours to book appt.
- **Priority other than routine:** contact specific Radiology section to discuss expedited priority

Changes to MRI Ordering Policy

- Neuro 532-8744/7869
- Msk 532-7840
- Body 532-8684/5530
- Peds 532-7382/6137
- Duty 619-453-6379

TYCOM Guidance for Service Treatment Record (STR) Life Cycle Management

- A **complete STR** is:

  1) The complete Medical record: All SAMS/TMIP notes, All AHLTA/CHCS notes included.

  2) The complete Dental record: All X-rays included.

  3) A completed and signed DD 2963.

- **Goal:** Establish a process to ensure all Active Duty Service Members (ADSM) retiring or separating will **receive VA benefits upon date of discharge**
- Please note that **YOU** are the signatory certifying completeness of the STR on this document **(DD 2693 – STR TRANSFER or CERTIFICATION FORM**).

DOD INSTR 6040.45

BUMED MEMO 6150 Ser M3B13/AT-0259204 PROPER TRANSFER OF HEALTH STR OF TRANSITIONING SERVICE MEMBERS TO THE VA RECORD MNGMT CENTER AND NATIONAL PERSONNEL RECORDS CENTER

Medical Record Guidance

- **YOU:** (or designated rep) will **notify the Patient Administration Department of the Branch Clinic** or Hospital that services your unit **of all separating or retiring crew members**
  - **AT LEAST 7-10 days (CONUS** home ported ships)
  - **AT LEAST 60-90 days (OCONUS** home ported ships) prior to separation/retirement

- **THEY:** may provide all hard copy ALHTA/CHCS notes for the separating/retiring service member.

- **CONUS Branch Clinics** will turn these requests around in 7-10 days after notification
- **OCONUS Clinics and Hospitals** will turn requests around in 30-45 days.

- **Recommend:** identifying and coordinating with your local servicing clinic or hospital for a smooth process for your shipmates.

Dental Records Guidance

- **YOU:** notify the Branch Dental Clinic that services your unit of all separating or retiring crew members:
  - **AT LEAST 1-7 days (CONUS** home ported ships) or
  - **15-30 days (OCONUS** home ported ships) prior to separation/retirement
- **THEY:** provide **CD's of digital x-rays** for the separating/retiring service member.
- **CONUS Branch Dental Clinics** will turn these requests around in 1-7 days after notification
- **OCONUS Dental Clinics** will turn these requests around in 7-14 days.
- **Recommend:** identifying and coordinating with your local servicing dental clinic for a smooth process for your shipmates.

DD 2693

- Once you have the completed Medical and Dental record then YOU, the ships SMDR, will complete and sign the DD 2963.

Prior to Jan 1, 2014

- **The service member will take** the complete Medical record, Dental record, and signed DD 2963 **to his/her servicing PSD**
- **PSD will add** a copy of the service members **DD214** to the STR
- **PSD will mail to the Veteran Administration** Records Management Center (VAMRC).

After 1 Jan 2014

- After 1 JAN 2014 the **Ship/Unit will mail the complete directly to the VAMRC**.
- Local clinic will still print out hard copy records but PSD will not be involved.